## **Payment & Waiver**

Payment						
Fee Enclosed:						
Payment Method:						
Cash (	Check#					
Credit Card #:						
Name on Card:						
Expiration Date:	Code					
No Refunds, Please Initial						
ICE TIME IS ONLY FOR SKATERS ENROLLED IN PROGRAM, PLEASE INITIAL						

#### Waiver

The skater and parent / guardian assume all risks and hazards incidental to this program and activities sponsored. Therefore and hereby release Bucks County Ice LLC, its officers, directors, employees, and instructors from any liability on account of injury to a skater however incurred. The parent / guardian hereby gives permission / consent to emergency medical treatment for injuries / illness. No refunds. A copy of this consent will be as valid as the original.

Print Name:	
Signature:	
Date:	

#### Join Us

- Learn to Skate Classes
- ◆ Learn to Play Hockey
- Royals Hockey Club
- Wildcats Hockey Club
- ♦ Hot Shotz Hockey Program
- Liberty Figure Skating Club
- Philadelphia Symmetry Synchronized Skating Teams
- Summer Camps
- Off-Ice Fitness for Skating
- USFS Test Sessions

## **Program Information**

- ♦ On the 1st day of each session, please arrive 30 minutes prior to class time.
- ♦ Helmets are highly recommended
- ♦ Classes always begin on-time.
- ◆ One makeup class per session (within the session) depending on availability. Please see Skating Director, jamey@bucksice.com
- ◆ No new students will be accepted after the first 2 classes.
- ◆ Your equipment is most important. When fitting skates, make sure the skate boots are as snug to your feet as possible and tied tightly around the ankles. Usually choose the same size as your street shoes.
- ♦ Ice Time is only for Skaters Enrolled in Program
- ◆ Learn to Skate USA is endorsed by U.S. Figure Skating, USA Hockey, US Speed Skating, and the Special Olympics





# LEARN TO SKATE

## For Adults

SESSION 4
STARTS FEBRUARY 26



Bucks County Ice Sports Center 1185 York Rd Warminster, PA 18974 www.bucksice.com 215-675-3000 x3

Wintersport Ice Sports Arena 551 North York Rd Willow Grove, PA 19090 www.wintersportsice.com 215-659-4253 x3

## **Program Levels**

The adult curriculum is designed for both beginning and experienced adult skaters who wish to improve their skating skills. Based on prior skating experience, adults may choose to begin at the level that best matches their skill base.

**Adult 1**—Falling and recovery (on ice), Forward marching, Forward two-foot glide, Forward swizzles (4-6 in a row), Rocking Horse, Dip,, Forward snowplow stop

**Adult 2**—Forward skating across the width of the ice, Forward one-foot glides, R and L, Forward slalom, Backward skating, Backward swizzles (4-6 in a row), Two-foot turns in place

**Adult 3**—Forward stroking using the blade properly, Forward half-swizzle pumps on the circle; 6 to 8 in a row, clockwise and counterclockwise, Moving forward to backward and backward to forward two-foot turn on a circle, clockwise and counterclockwise, Backward skating into a long two-foot glide, Forward chasses on a circle, clockwise and counterclockwise, Backward snowplow stop, R and L

**Adult 4**—Forward outside edge on a circle, R and L, Forward inside edge on a circle, R and L, Forward crossovers, clockwise and counterclockwise, Backward one-foot glides, R and L, Backward half-swizzle pumps on a circle, clockwise and counterclockwise, Hockey stop, both directions

**Adult 5**—Backward outside edge on circle, R and L, Backward inside edge on a circle, R and L, Backward crossovers, clockwise and counterclockwise, Forward outside three-turn, R and L, Forward swing rolls to a count of six, Beginning two-foot spin

**Adult 6**—Forward stroking with crossover end patterns, Backward stroking with crossover end patterns, Forward inside three-turn, R and L, Forward outside to inside change of edge on a line, R and L, T-stop, R or L, Lunge, Two-foot spin into one-foot spin

### **Bucks County Ice**

#### **Saturdays**

1:10-2:10pm March 2 to April 13

#### **Tuesdays**

4:20-5:20pm February 26 to April 9

## **Wintersport Ice**

#### Sundays 11:40am-12:40pm March 3 to April 14

#### Wednesdays

4:30-5:30pm February 27 to April 10

- ◆ Classes include a 30-minute lesson, rental skates & 30-minute practice
- ♦ Skaters should dress warmly and wear gloves; helmets recommended
- ♦ Classes levels may be combined

### Cost

#### \$140 PER SKATER

#### 7 CLASSES—No REFUNDS

EARLY BIRD REGISTRATION
SAVE \$10 PER SKATER IF PAID BY
FEBRUARY 24, 2019

Fees are due in full with application

Pre-registration is *highly* recommended

## Adult LTS-4 Registra-

Skater Information							
1st Adult:							
Age:	DOB:						
2nd Adult:							
Age:		DOB	:				
□ NEW FAMILY □ RETURNING FAMILY							
If new, please	compl	lete co	ontac	t in	forn	nation	
Name:							
Address:							
City:							
State: Zip Code:							
Phone:							
E-Mail:							
		T. 6.					
(circle appro	esson priate					d levels)	
Location & L	Day						
Bucks		Tuesday			Saturday		
Wintersport	□ W	/edne	sday		Sur	nday	
Skating Level							
Adult 1	2	3	4		5	6	
Fees Due with	Applic	ation					
# Skaters		x	\$140	=	_\$_		
Early Bird (if applicable)		=	(\$_	)			
Net Du	е			=	_\$_		

PLEASE COMPLETE PAYMENT DETAILS & SIGN WAIVER ON REVERSE SIDE