

## Learn to Skate Program Information

- On the 1st day of each session, please arrive at BCISC a 1/2 hour prior to class time.
- Skate rental is included.
- Learn to Skate USA is endorsed by U.S. Figure Skating, USA Hockey, US Speedskating, and the Special Olympics
- Snowplow Sam sessions are for ages 3-6. All other sessions are available to ages 6 and up.
- Skating Director must approve any make-up classes.
- No new students will be accepted after 2 classes.
- Classes always begin promptly at the scheduled time.
- Each class will consist of a 1/2 hour of instruction and a 1/2 hour of practice to practice their skills.
- It is important for the student to practice as much as possible. Remember... the more practice the quicker the progress.
- **Helmets are highly recommended for ages 8 and under.**
- Your equipment is most important. When fitting skates make sure the boots are as snug to your feet as possible. Usually the same size as your street shoes will be fine.
- Always talk to your skating instructor before investing in ice skates. Proper skates will make your skating more enjoyable.
- Pants or slacks you can move freely in, such as "warmups" will be helpful.
- A warm sweater and a light-weight jacket are necessary. For beginner skaters, gloves or mittens and a hat are necessary for protection.

**BCISC uses all  
Electric Zambonis  
for Comfort and Safety**

## Group Lessons—Fall/Winter

1185 York Road  
Warminster, Pennsylvania 18974



### Fall/Winter

Tuesdays 4:20PM  
Wednesdays 10:30AM  
Saturdays 12:00PM  
Session I- 9/5-10/21  
Session II- 10/24-12/16  
Session III- 1/2-2/17  
Session IV- 2/20-4/14

**Bucks County Ice Sports Center  
1185 York Rd  
Warminster, PA 18974  
215-675-3000**

[www.bucksice.com](http://www.bucksice.com)

## Program Levels

**Snowplow Sam 1**-Sit and stand up with skates on and off ice, march in place, march forward, march then glide, dip in place

**Snowplow Sam2**- March followed by long glide, dip while moving, backward wiggles, forward swizzles, beginning snowplow stop

**Snowplow Sam 3**- Forward skating, forward one-foot glide, forward and backward swizzles, forward snowplow stop, curves

**Basic 1**- Proper way to fall and get up, march forward, forward two-foot glide, dip, forward swizzles, backward wiggles, snowplow stop

**Basic 2**- Forward one-foot glides, backward two-foot glide, backward swizzles, rocking horse, two-foot turn, moving snowplow stop

**Basic 3**- Forward stroking, forward half swizzle pumps, two-foot turn, backward one-foot glides, forward slalom, backward stop

**Basic 4**- Forward edges, forward crossovers, backward pumps, backward one-foot glide, two-foot spin

**Basic 5**- Backward edges, backward crossovers, forward outside three-turn, two-foot spin, hockey stop

**Basic 6**- Forward inside three-turn, moving two-foot turn, backward stroking, T-stop, bunny hop, forward arabesque, one-foot spin

**Pre-Free Skate**- Forward inside open Mohawk, ballet jump, backward crossovers to glides, combination move, one-foot up-right spin, waltz jump, Mazurka

**Free Skate 1-6**- Moves in the field, spins, dance/footwork sequence and jumps

**Hockey 1-4**- Learn to Skate for those interested in playing hockey

**For more information on curriculum, please visit [www.learntoskateusa.com](http://www.learntoskateusa.com).**

Classes may be combined pending enrollment.

**Bucks County Ice Sports Center**  
1185 York Road  
Warminster, PA 18974

**For More Information:**  
**Melissa Beck**  
**(215) 675-3000**  
**[mbeck@wintersportsice.com](mailto:mbeck@wintersportsice.com)**

Lesson Fees due in full with application

Pre-registration is highly

recommended

## Cost

**\$140 per Session**

## Dates and Times

### Tuesdays

**4:20PM—5:20PM**

**Session I- 9/5—10/17/17**

**Session II- 10/24—12/12/17**

(skip 10/31)

**Session III- 1/2-2/13/18**

**Session IV- 2/20-4/10/18**

(skip 3/27)

### Wednesdays

**10:30AM—11:30AM**

**Session I- 9/6—10/18/17**

**Session II- 10/25—12/13/17**

(skip 11/22)

**Session III- 1/3-2/14/18**

**Session IV- 2/21-4/11/18**

(skip 3/28)

### Saturdays

**12:00PM—1:00PM**

**Session I- 9/9—10/21/17**

**Session II- 10/28—12/16/17**

(skip 11/25)

**Session III- 1/6-2/17/18**

**Session IV- 2/24-4/14/18**

(skip 3/31)

**Register 7 days early to save \$10!**

## Application

Group Lessons

FALL/WINTER

Admin Use Only

Amt Paid:

Date Paid:

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_

State: \_\_\_\_\_ Zip Code: \_\_\_\_\_

Date of Birth: \_\_\_\_\_ Age: \_\_\_\_\_

Phone: \_\_\_\_\_

E-Mail: \_\_\_\_\_

Parent/Guardian: \_\_\_\_\_

### Please Check Day

TUES  WED  SAT

### Please Check Session

Session I  Session II

Session III  Session IV

### Please Circle Level

SNOWPLOW SAM: 1 2 3

BASIC: 1 2 3 4 5 6 PRE FREESKATE

FREESKATE: 1 2 3 4 5 6

HOCKEY: 1 2 3 4

The skater and parent/guardian assume all risks and hazards incidental to this program and activities sponsored. Therefore and hereby release Bucks County Ice LLC, its officers, directors, employees, and instructors from any liability on account of injury to a skater however incurred. The parent/guardian hereby gives permission /consent to emergency medical treatment for injuries/illness. No refunds. A copy of this consent will be as valid as the original.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_