

## Learn to Skate Program Information

- On the 1st day of each session, please arrive at BCISC a 1/2 hour prior to class time.
- All sessions include skate rental and US Figure Skating Learn To Skate USA Package.
- Snowplow Sam sessions are for ages 3-6. All other sessions are available to ages 6 and up.
- Skating Director must approve any make-up classes.
- No new students will be accepted after 2 classes.
- Classes always begin promptly at the scheduled time.
- Each class will consist of a 1/2 hour of instruction and a 1/2 hour of practice to practice their skills.
- It is important for the student to practice as much as possible. Remember... the more practice the quicker the progress.
- **Helmets are highly recommended for ages 8 and under.**
- Your equipment is most important. When fitting skates make sure the boots are as snug to your feet as possible. Usually the same size as your street shoes will be fine.
- Always talk to your skating instructor before investing in ice skates. Proper skates will make your skating more enjoyable.
- Pants or slacks you can move freely in, such as "warmups" will be helpful.
- A warm sweater and a light-weight jacket are necessary. For beginner skaters, gloves or mittens and a hat are necessary for protection.

**BCISC uses all  
Electric Zambonis  
for Comfort and Safety**

## Group Lessons—Session IV 2017

1185 York Road  
Warminster, Pennsylvania 18974



### Session IV 2017

**Tuesdays 4:20PM**

February 21-April 4

**Wednesdays 10:30AM**

February 22-April 5

**Saturdays 12:00PM**

February 25-April 8

**Bucks County Ice Sports Center  
1185 York Rd  
Warminster, PA 18974  
215-675-3000**

[www.bucksice.com](http://www.bucksice.com)

## Program Levels

### Snowplow Sam 1

Sit and stand up with skates on and off ice, march in place, march forward, march then glide, dip in place

### Snowplow Sam 2

March followed by long glide, dip while moving, backward wiggles, forward swizzles, beginning snowplow stop

### Snowplow Sam 3

Forward skating, forward one-foot glide, forward and backward swizzles, forward snowplow stop, curves

### Snowplow Sam 4

Forward skating, backward glide, backward swizzles, rocking horse, two-foot turns, two-foot hop

### Basic 1

Proper way to fall and get up, march forward, forward two-foot glide, dip, forward swizzles, backward wiggles, snowplow stop

### Basic 2

Forward one-foot glides, backward two-foot glide, backward swizzles, rocking horse, two-foot turn, moving snowplow stop

### Basic 3

Forward stroking, forward half swizzle pumps, two-foot turn, backward one-foot glides, forward slalom, backward stop

### Basic 4

Forward edges, forward crossovers, backward pumps, backward one-foot glide, two-foot spin

### Basic 5

Backward edges, backward crossovers, forward outside three-turn, two-foot spin, hockey stop

### Basic 6

Forward inside three-turn, moving two-foot turn, backward stroking, T-stop, bunny hop, forward arabesque, one-foot spin

### Pre-Free Skate

Forward inside open Mohawk, ballet jump, backward crossovers to glides, combination move, one-foot upright spin, waltz jump, Mazurka

### Free Skate 1-6

Moves in the field, spins, dance/footwork sequence and jumps

**For more information on curriculum, please visit [www.learntoskateusa.com](http://www.learntoskateusa.com).**

## Cost

**\$140 per Session**

## Dates and Times

### Tuesday Afternoons

**4:20PM—5:20PM**

**2/21/17—4/4/17**

### Wednesday Mornings

**10:30AM—11:30AM**

**2/22/17—4/5/17**

### Saturday Afternoons

**12:00PM—1:00PM**

**2/25/17—4/8/17**

Lesson Fees due in full with application

Pre-registration is highly

recommended

**Register 7 days early to save \$10!**

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1185 York Road  
Warminster, PA 18974**

**For More Information:  
(215) 675-3000  
[mbeck@wintersportsice.com](mailto:mbeck@wintersportsice.com)**

## Application

Group Lessons

*SESSION IV 2017  
2/21/17 TO 4/8/17*

Admin Use Only

Amt Paid:

Date Paid:

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_

State: \_\_\_\_\_ Zip Code: \_\_\_\_\_

Date of Birth: \_\_\_\_\_ Age: \_\_\_\_\_

Phone: \_\_\_\_\_

E-Mail: \_\_\_\_\_

Parent/Guardian: \_\_\_\_\_

TUES     WED     SAT

CIRCLE CLASS LEVEL BELOW

SNOWPLOW SAM: 1   2   3   4

BASIC: 1   2   3   4   5   6   PRE FREESKATE

FREESKATE: 1   2   3   4   5   6

### PAYMENT INFORMATION

**If paying with a credit card by mail, please also fill in the following information: Circle one: VISA MC AMEX**

Card# \_\_\_\_\_

Exp Date \_\_\_\_\_ Security Code \_\_\_\_\_

The skater and parent/guardian assume all risks and hazards incidental to this program and activities sponsored. Therefore and hereby release Bucks County Ice LLC, its officers, directors, employees, and instructors from any liability on account of injury to a skater however incurred. The parent/guardian hereby gives permission /consent to emergency medical treatment for injuries/illness. No refunds. A copy of this consent will be as valid as the original.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_